

INDIANA DIABETES ADVISORY COUNCIL  
2009 RESOLUTION: SUPPORTING SMOKE-FREE ENVIRONMENTS

WHEREAS, diabetes is an incurable and debilitating disease and is a significant public health concern in Indiana, now affecting more than 9.6% or 455,000 adults in Indiana and 1.8% or 85,000 Indiana adults reported having pre-diabetes, a condition that places them at the highest risk for developing diabetes. However, it is believed that an estimated 25.9% or 1,651,589 Indiana adults have pre-diabetes; and

WHEREAS, type 1 diabetes, one of the most common chronic diseases to affect children of all ages, even toddlers and babies, and type 2 diabetes, once thought of as a disease affecting only adults, is increasing among children and adolescents; the prevalence of both types is also increasing in the adult population; and

WHEREAS, 19.0% of adult females with diabetes smoke compared to 24.5% of adult males with diabetes smoke; and

WHEREAS, 21.5 % of adults with diabetes smoke as compared to 26.1% of adults without diabetes smoke; and

WHEREAS, people with diabetes who smoke have triple the risk of dying from cardiovascular disease as compared to those with diabetes who do not smoke; and

WHEREAS, each year over 1,679 deaths in Indiana are linked directly to diabetes-related causes; and 9,700 Hoosiers die of tobacco related diseases each year; and

WHEREAS, Indiana bears a greater health burden from exposure to tobacco smoke than other states as Indiana has the sixth highest rate of adult smoking prevalence in the United States; and has a higher proportion of women who smoke and one of the highest rates of pregnant women who smoke in the United States;

THEREFORE, be it resolved that the Indiana Diabetes Advisory Council:

Supports local community efforts and state legislation to require 100% smoke-free public places including restaurants, bars and workplaces, and

Supports the Indiana Tobacco Prevention and Cessation Agency, coalitions and other interested parties that are working to reduce smoking and tobacco use in Indiana; and

Will inform its members, health professionals, and others of its endorsement of this resolution.

Adopted on July 22, 2009

References: Indiana Behavioral Risk Factor Surveillance System, 2008  
Indiana Tobacco Prevention and Cessation Agency, 2007  
National Diabetes Fact Sheet, Centers for Disease Control and Prevention, 2007